

Client Respiratory Intake (COVID-19)

This form must be completed before every appointment (until further notice). Please bring it with you or email a copy to lindsay@greshambalancebodyworks.com.

Name: _____ Date of Birth: _____

Phone Number: _____

In the past 14 days, I or someone I have been in contact with has experienced...

	Yes	No
Fever 100°F +		
Unexplained body aches or pain		
Coughing		
Sore throat		
Shortness of breath		
Chills with or without body aches		
Recent loss of sense of smell or taste		
Unexplained sores on soles of feet		
Unusual fatigue		
Non-allergy related runny nose		

If you answered "yes" to any of the symptoms listed above or have been in contact with someone diagnosed with COVID-19, please cancel your appointment. We will not assess any cancellation fees due to COVID-19 related cancellations. Please seek medical care if you have any severe COVID-19 symptoms. If you answered "no" to all the questions we look forward to seeing you at your scheduled appointment.

Please initial:

____ I understand that, because massage therapy work involves maintained touch and close physical proximity over an extended period of time, there may be an elevated risk of disease transmission, including COVID-19. By signing this form, I acknowledge that I am aware of the risks involved and give consent to receive massage and bodywork from this practitioner.a

____ I agree that I am providing accurate health information.

Signature: _____ Date: _____

Client Checklist for COVID-19 Pre-Cautions

For all of our safety, please review this prior to every appointment.

- ☐ **Appointment Times** - Our appointments may be starting at “unusual” times. This is not a mistake. We are spacing appointments to accommodate for increased required sanitation protocols due to the COVID-19 virus.
- ☐ **Hygiene** - If you must come directly from work please change your clothes prior to entering our office. Arriving freshly showered would be preferred.
- ☐ **Hand Hygiene** - In addition to normal hand washing, please wash or sanitize your hands prior to entering the building and after receiving your massage.
- ☐ **MASKS** - Everyone entering our office will be required to wear a mask at all times (this includes during your massage session). If you don't have a mask we have fabric masks available. If you would prefer to not wear a mask please cancel your appointment.
- ☐ **Waiting room** - To maintain maximum social distancing we will be texting or calling the number used to send you reminder information to let you know when to enter the building for your appointment. If you do not have a car to wait in you are welcome to enter the building prior to our call. Please just do your best to maintain proper social distancing per our state guidelines.
- ☐ **Payment options** - We will still be accepting all forms of payment. However if you plan to pay in cash please bring exact change if possible.

Thank you so much for putting in the extra effort for everyone's safety during this difficult time. Gresham Balance Body Works, LLC and all of the massage therapists associated, are following all safety guidelines related to COVID-19 safety procedures laid out by the Oregon Board of Massage Therapy, Oregon Health Authority, our liability insurances and the State of Oregon.

We will update these forms as new information is released.